

# YOUR BEST HEALTH COVERED BY BLUE

As New Jersey's #1 health insurer,<sup>1</sup> Horizon uses its unmatched strength and expertise to make the health care experience better. For more than 90 years, we have worked to improve health care quality and affordability, giving New Jersey residents peace of mind so they can achieve their best health. We guide members to ensure

## Health and wellness for mind and body.

### **Education Resources**

Get tips for healthier living with our wide range of online health education topics.

### **Pregnancy Resources**

# A chieve your best health and earn rewards.

The NJWELL program is a great way to make meaningful changes to your wellness habits with program enhancements for eligible members and their covered spouse/partner. NJWELL can help you achieve holistic well-being, including:

Physical f tness

### Our best coverage, for your best you.

### **OMNIAsm Health Plan**

In addition to having some of our best benef ts, our OMNIA Health Plan option gives you the fexibility to choose from one of the largest networks in New Jersey and parts of Pennsylvania and Delaware.\* You also have worldwide access to more than 2 million providers in our BlueCard PPO program.

To save even more, choose OMNIA Tier 1 doctors and some of the state's leading hospitals for lower copayments, lower out-of-pocket costs and no deductibles – all with no referrals and no need to choose a Primary Care Physician (PCP).

\*Based on Horizon provider network data as of 6/24 and subject to change.

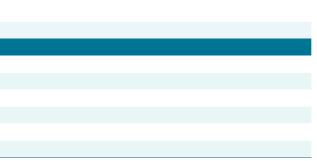
### **PPO Plans**

All of our PPO plans include: Care in network or out of network in New Jersey, nationwide and abroad

No need to select a PCP

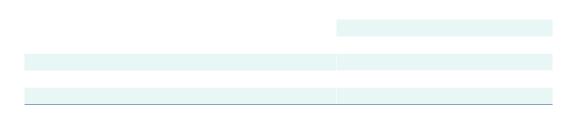
No referrals necessary to see a







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### With Horizon health plans, we've got you covered.

### Well Care and Preventive Care

Services such as an annual physical and gynecological exam, well baby/child medical care, immunizations and an annual vision exam are covered when using a participating doctor.

### Behavioral Health and Substance Use Disorder

We empower our members to achieve their best physical and mental health. Our care team will work with you, your family, caregivers and doctors to make sure you are getting the treatment and support you need in the most appropriate setting. Telehealth and virtual programs are available.

### Horizon MindCare<sup>SM</sup>

This secure online behavioral health platform offers personalized behavioral health and resilience information, well-being assessments, tools and resources. Plus, it can match you to reliable in-network providers, facilities and virtual health solutions.

### **In-Network Laboratories**

Our members have access to in-network lab services. You can use Quest Diagnostics<sup>™</sup> (Quest) or LabCorp for blood tests and other lab services. Our networks also include a number of other participating labs that provide specialized lab services.

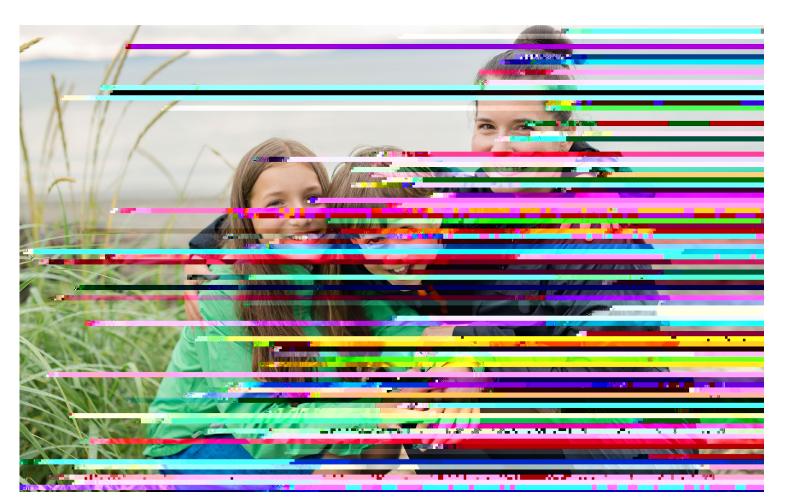
### Prescription Drug Coverage

Prescription drug coverage is available to all SHBP and SEHBP members. To learn more, refer to the Prescription Drug Plan information on the NJ Division of Pensions and Benef ts website at <u>nj.gov/treasury/pensions</u>.

### 24/7 Nurse Line\*

For everyday health questions, or even a situation that might be more serious, access trusted information by calling the 24/7 Nurse Line at 1-888-800-3609.

\*Nurse programs are for informational purposes only. Nurse Line health care professionals cannot provide a diagnosis or recommend speci c treatment, and they are not a substitute for a doctor's care. Services are not insurance programs and may be discontinued at any time. In an emergency, go to the nearest hospital or doctor or call 911.



Learn more at HorizonBlue.com/shbp



### Making good health care more convenient.

### **Direct Primary Care (DPC)**

Eligible members get unlimited access to personalized care with no copays. Simply choose a DPC doctor from Marathon Health for you and your covered dependents.

If you are eligible for NJWELL, your DPC provider will credit a well visit and follow-up off ce visit as a completed health screening.

### First Responders Program

If you are an eligible first responder, you and your covered family members can receive care at a First Responders Doctors Office (FRDOCS) with no cost share.

### **Retail Health Clinics**

These clinics treat common health issues such as colds or seasonal allergies.

On-site board-certifed nurse practitioners can diagnose and treat conditions and prescribe medications.

Sites include MinuteClinics at select CVS/pharmacy locations.

### Telemedicine

Telemedicine is for eligible members through the Horizon Blue app or by signing in to <u>HorizonBlue.com/shbp</u>. And depending on your doctor's preferences, you can also use telemedicine via video or phone.

### **Immunizations**

Getting vaccinated is more convenient with more participating pharmacies – view our list at HorizonBlue.com/shbpf u.

Vaccines these pharmacies administer include fu, COVID-19, shingles, hepatitis A and B, pneumococcal and human papillomavirus (HPV).

Medical claims are automatically submitted for you.

### **Urgent Care Centers**

Urgent care centers provide immediate medical care as an alternative to visiting the Emergency Room (ER). They treat wounds, sprains and other conditions that need immediate attention, but are not life-threatening.

HMO members require a referral to go to a Horizon urgent care center.

All members are responsible for applicable copayments/coinsurance.

